



Claddaghduff N.S.

BÍ CINEÁLTA

In a world where you can be anything, be kind.

Treat others
like you would
like to be
treated

Bí Cineálta means "Be Kind".

It's about showing care, respect
and understanding to each other every day.

I CAN SHOW BÍ CINEÁLTA BY...



**BEING
RESPECTFUL**



I listen to others.
I use kind words
and good manners.



**BEING
INCLUSIVE**



I include others.
I play, work and
learn with
everyone.



**BEING
HELPFUL**



I help when I can
and I show
empathy to others.



**BEING
CARING**



I am kind and
thoughtful.
I look out for how
others feel.



**BEING
RESPONSIBLE**



I look for help from
a grown up if
someone needs it.

**Bí Cineálta
in our school**



- ✓ We are safe
- ✓ We are respectful
- ✓ We are inclusive
- ✓ We are kind
- ✓ We are our best

Let's make
kindness part of
every day!

REMEMBER

- C** Choose kindness
- I** Include others
- N** Notice and help
- E** Encourage everyone
- A** Accept and respect
- L** Look after each other
- T** Think before you act
- A** Always be kind

